Copper Salicylate

Copper Salicylate Complexes are mainly used for their strong anti-inflammatory effects and to supply copper in a safe form for enzymes required for connective tissue, hair colour, cellular antioxidants and brain activity. In clinical applications up to 240 mg of copper salicylate have been used orally for limited periods, while the normal oral dose was 50 or 60 mg once or twice daily. Copper salicylate has been shown to be much safer than aspirin. At these levels there appears to be no danger of overdosing as with other copper compounds because the copper is very tightly bound to salicylate.

With external application higher concentrations are achieved in affected areas, such as inflamed joints or gray hair. Generally one standard dose is about 50 mg of copper salicylate containing 7 to 8 mg of copper, and this is a good maintenance dose. Initially you may use several times as much, especially with strong inflammations. Individuals sensitive to salicylates in food may not negatively react to copper salicylate but that should be individually tested.

Copper Salicylate Cream comes in a jar containing 30 grams of blue copper salicylate paste. This consists of 10 grams of copper salicylate suspended in pure water. Each gram of this cream contains approximately 333 mg of copper salicylate or 50 mg of copper. You need only very little of this cream each day so that this amount may last for 3 to 6 months.

Copper Salicylate Cream may be used in two different ways. For inflammations beneath the skin, as with arthritis and autoimmune diseases, you may spread a very fine film of the cream over the affected area. Copper salicylate can be absorbed only as long as it remains moist on the skin. Therefore, to improve skin absorption you may then spread over the blue film some diluted DMSO (50 to 70%), or Aloe Vera gel, or a solution of MSM in water.

Copper salicylate easily dissolves in DMSO. You may make a concentrated solution by dissolving a teaspoon of copper salicylate paste in a tablespoon of DMSO, and then dilute a small amount of this with water or Aloe Vera gel to suit the sensitivity of your skin. This is probably the most effective way to absorb it.

Another possibility is to dissolve some of the paste in water. Dissolve about a level teaspoonful or 5 ml of paste in 200 to 250 ml or a large glass of water. One teaspoonful of this solution contains about 50 mg of copper salicylate. You may now rub this into the skin or scalp, either on its own or mixed with other supportive ingredients such as DMSO, MSM, Magnesium Oil or Aloe Vera. Preferably keep the Copper Salicylate Cream refrigerated after opening; also refrigerate any solution made with it. In addition to the supplied form as blue micro-crystals, copper salicylate can also exist as dark green crystals and a brown polymerisate. Therefore the original blue colour may sometimes darken to reflect such changes. This does not affect the potency of the product.

Caution: Do not apply copper salicylate to open, inflamed or very sensitive skin as this may cause irritation and pain, or try only in a very diluted form.